

MEMBERSHIP INFORMATION



There are a range of memberships to suit everyone, so get moving, and get the Valley Leisure lifestyle today. Facilities range from state of the art gyms to a huge variety of exercise classes, a leisure pool and on top of that we have outdoor sports facilities such as tennis courts and an 18 hole par 3 golf course.

We help our members achieve their goals whether you are looking for weight loss, training for an event, toning up or getting fit to be able to run a round with the kids or grandchildren.

There is something for everyone no matter what your fitness level, exercise classes can be booked in advance to secure your place in advance and help you to plan your workout times.

MEMBERSHIP OPTIONS

Adult membership (over 18 years)

Adult Off Peak membership 11am-4pm Monday-Friday and all day weekends(over 18 years)

60 Plus membership

Disabled membership

Gain access to all Valley Leisure facilities at Andover Leisure Centre, Romsey Rapids Sports Complex (excluding the Toning Centre), Knightwood Leisure Centre (excluding pitch bookings)and the Charlton Lakeside golf course.

Toning Centre Only Membership

The Toning Centre is at Romsey Rapids Sports Complex.

Every Body Active Health Referral Programme

Every Body Active is a 12 week physical activity GP referral scheme. It enables you to gradually increase your physical activity levels and to improve your health and wellbeing.

Student Membership (over 18 years)

An all inclusive flexible membership for full time students, with the use of all facilities across four centres. Please note a joining fee is applicable. Proof of student status will need to be verified on your first visit to the centre.

Young Persons Membership

13 year olds: Use of Gym after the completion of a Teen Fitness course, Racquet Sports, Swimming and all Charlton Lakes Golf (excludes boating, canoeing and paddle boarding)

14-15 year olds: As 13 year olds with access to some studio classes.

16-17 year olds: As above and includes all studio classes.

If you pay for a Teen Fitness Course and join with in 7 days, there is no admin fee

Junior Membership (0 – 12 years)

Includes the Crèche, Tumble Club (0-4 yrs), Merlin's Kingdom, Swimming, Badminton, Squash, Table Tennis, Charlton Lakes Golf Course, and racket sports at Knightwood Leisure Centre

Family Membership (2 Adults and 4 children residing with them – under 18)

Includes Adult member access and appropriate Young Persons or Junior membership access.

Corporate Memberships for local businesses

Valley Leisure offers a discounted corporate membership for local businesses to offer to their employees. Please contact the membership team at your local Leisure site to discuss your businesses requirements.

JOIN TODAY CONTACT

Andover Leisure Centre 01264 347100

Romsey Rapids Sports Complex 01794 830333